

MONDAY-FRIDAY 11AM - 2AM
 SATURDAY & SUNDAY 10AM - 2AM
 597 MARKET STREET
 WEST DES MOINES, IA 50266
 515-222-1100



COME VISIT OUR OTHER LOCATION!
 2920 INGERSOLL AVE
 DES MOINES, IA 50312
 515-245-9737
 WWW.WELLMANSPUB.COM



• **WELLMAN'S NACHOS** •
 Crisp tortilla chips topped with tender chicken, melted Mexican cheese, diced tomato, fresh jalapeños, all finished with our homemade mojo sauce - 9.99 SIZZLIN' STEAK - 1.00

CREAMY SPINACH AND ARTICHOKE DIP **W**
 A creamy dip full of tender artichokes, sautéed fresh spinach, and cheeses. Enjoy with our fresh corn tortilla chips - 8.99

SOFT PRETZEL STICKS
 Four large salted baked, soft pretzel sticks served with beer cheese sauce - 7.99

PEPPER JACK BITES
 Lightly breaded pepper jack cheese bites fried golden brown and served with our creamy ranch dressing - 7.99

CHICKEN TENDERS
 Juicy white meat chicken breast, coated in our signature crispy breading - 9.99 ADD FRIES 1.00

WILD MUSHROOM CHICKEN QUESADILLA
 Seared wild mushrooms and tender chicken paired with Monterey jack cheese, grilled peppers and onions, topped with our corn salsa, and sour cream - 8.99

FIRECRACKER SHRIMP **W**
 Golden breaded jumbo shrimp tossed in our spicy buffalo sauce and served with ranch dressing - 9.99

LOADED WELLMAN'S CHIPS
 A heaping pile of thin sliced potatoes, seasoned with Ancho chili then smothered with bacon, melted cheeses, sour cream, and chives - 8.99
 WELLMAN'S ANCHO CHIPS - 4.99

WELLMAN'S WINGS
 Eight traditional smoked jumbo wings or boneless wings coated with your choice of sauce. Served with celery and ranch or blue cheese dressing - 9.99

Naked • Hot Buffalo • Sweet Chili
 Mild Buffalo • Garlic Parmesan
 Honey Citrus • Sriracha Bourbon
 BBQ • Tropical Habanero

TUNA NACHOS **heart**
 Ahi tuna seared rare and served atop crispy wonton points with pineapple salsa and our signature spicy mayo - 9.99



• **STREET TACOS** • **W**
 SHRIMP – Blackened shrimp, fresh cabbage, carrots, cilantro, and chipotle mayo - 8.99

CARNITAS – Carnitas pork, feta cheese, corn salsa, and guacamole - 8.99

ONION RINGS
 Thin, hand-cut hand-dipped onion strings lightly breaded and fried golden brown - 7.99
 HALF ORDER - 4.99

LETTUCE WRAPS **heart**
 Iceberg lettuce shells filled with seasoned rice, carrot and cucumber medley, and pulled chicken all topped with teriyaki sauce. - 8.99 TRY WITH TUNA - 2.00

MAC 'N CHEESE



• **BUFFALO CHICKEN** •
 Fire grilled chicken breast and penne noodles in our new buffalo cream sauce with a corn bread crumb crust and topped with crumbled blue cheese - 9.99

FIVE CHEESE
 Ricotta, Parmesan, provolone and two mozzarella cheeses with penne noodles in a creamy Alfredo sauce. Baked with our corn bread crumb crust - 9.99

GARLIC SHRIMP ALFREDO
 Garlic Alfredo sauce, penne noodles, and sautéed shrimp topped with corn bread crumbs and baked to perfection - 10.99

SRIRACHA BOURBON MAC **W**
 Tender pulled pork, penne noodles, Sriracha bourbon Alfredo, topped with corn bread crumbs and a BBQ drizzle - 10.99

ALL WRAPPED UP

Served with straight fries or chips. Substitute onion rings, cottage cheese, cole slaw, sweet potato fries, side salad, or cup of soup for 1.99



• **CHICKEN RANCH** •
 Breaded or grilled chicken breast, cheddar cheese, applewood smoked bacon, fresh lettuce mix, tomato, and ranch dressing wrapped in a tomato basil tortilla - 9.99 TRY IT WITH BUFFALO SAUCE FOR 1.00

ASIAN TUNA
 Asian-marinated tuna steak seared rare, and paired with a spiced cabbage slaw, peanuts, spicy mayo, and wonton threads in a spinach tortilla - 10.99

CHIPOTLE FAJITA **W**
 Pulled chipotle chicken, sautéed mushrooms, roasted red peppers, mozzarella cheese, lettuce, and sour cream in a warm wheat tortilla - 9.99

CRANBERRY CHICKEN
 Homemade chicken salad with cranberries, candied walnuts, and lettuce mix wrapped in a whole grain tortilla - 9.99

SUNDRIED PESTO PORTABELLA WRAP **heart**
 Portabella mushrooms, hummus, roasted red peppers, lettuce, and sundried tomato pesto in a wheat tortilla - 8.99

BUFFALO SHRIMP
 Our grilled jumbo shrimp tossed in buffalo sauce, lettuce mix, carrot and celery medley, cilantro, and blue cheese dressing wrapped in a wheat tortilla - 9.99

WELLMAN'S SOUP

Wellman's Famous Clam Chowder, Chicken Tortilla, Chicken Noodle or our Soup of the Day
 Cup - 3.99 • Bowl - 4.99

YOU PICK 2

Your choice of two items: 1/2 sandwich (BLT, Classic Club or Cranberry Chicken Salad) side salad or bowl of soup - 8.99

SAVORY SALADS



• **SASHIMI TUNA SALAD** • **heart**
 Ruby Red tuna seared rare, lightly dusted in Cajun, atop a romaine and iceberg lettuce mix. Accompanied by fresh cut mangos and avocado, with a side of our cilantro soy ginger dressing - 10.99

COBB SALAD
 Chopped romaine and iceberg lettuce topped with egg, avocado, tomatoes, grilled chicken, bacon, black olives, and blue cheese crumbles - 9.99

ASIAN CHICKEN **heart**
 Grilled chicken breast atop garden greens with mandarin oranges, red onion, and tomatoes. Topped with peanuts, crunchy wonton threads and served with our sesame ginger dressing - 9.99

CRANBERRY SALMON
 Flakey Atlantic salmon atop a bed of fresh spinach tossed with candied walnuts, goat cheese, dried cranberries, and red onion. Served with our pomegranate vinaigrette dressing - 10.99

WELLMAN'S HOUSE
 Grilled chicken breast, romaine and iceberg lettuce, chopped bacon, cheddar cheese, Iowa sweet corn, tomatoes, cucumbers, and garlic croutons - 9.99

WELLMAN'S CHICKEN CHOP **W**
 Arcadian lettuce, grilled chicken, bacon, tomato, onion, all topped in our house creamy Parmesan dressing and topped with Asiago Parmesan crisps - 9.99

SANTA FE SALAD
 Chopped romaine and iceberg lettuce with tomato, black beans, corn salsa, black olives, and jalapeños in our tequila lime sour cream dressing, topped with pulled chicken tossed in chipotle seasoning, and crisp tortilla strips - 9.99

BLACKENED CHICKEN WEDGE
 A wedge of iceberg lettuce topped with blue cheese crumbles, red onions, cherry tomatoes, blackened chicken, applewood smoked bacon, and a side of blue cheese dressing - 9.99

Substitute steak*, salmon, or tuna on any salad - 4

Thousand Island, Italian, Creamy Parmesan, Blue Cheese, Ranch, Honey Mustard, French, Caesar, Raspberry Vinaigrette, Balsamic Vinaigrette, Sesame Ginger, Low-Fat Italian and Low-Fat Ranch

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STACKED SANDWICHES

Served with straight fries or chips. Substitute onion rings, cottage cheese, cole slaw, sweet potato fries, side salad, or cup of soup for 1.99



• CAJUN TUNA • W

A Cajun rare seared, Ahi tuna fillet covered in sesame seeds and served on a bun with spinach, caramelized onions, roasted red peppers, and chipotle mayo - 10.99

BBQ PULLED PORK SLIDERS

Three mini toasted buns full of tender pulled pork topped with Mesa BBQ sauce and our cole slaw - 9.99

TOMMY B TENDERLOIN W

Cajun seasoned pork tenderloin served grilled or breaded with lettuce, tomato, onion, pickle, and a side of our homemade bourbon-sour cream sauce - 9.99

PRIME RIB & AU JUS DIP

Shaved prime rib topped with Swiss cheese. Served with au jus - 9.99

BUFFALO CHICKEN

Grilled chicken coated in a classic buffalo sauce topped with lettuce and creamy blue cheese dressing - 9.99

GRILLED SALMON CLUB heart

Seasoned Atlantic salmon topped with roasted red peppers, fresh spinach and applewood smoked bacon accompanied by our lemon pesto aioli on a toasted Cuban loaf - 10.99

CHICKEN CLUB

Grilled chicken with applewood smoked bacon piled with cheddar and Swiss cheese, tomato, lettuce, and our whole grain mustard-mayo spread - 9.99

STEAK SANDWICH*

An 8oz choice ribeye grilled to your liking, topped with crisp onion rings on Texas toast with a side of honey-horseradish mustard - 11.99

WELLMAN'S BLT

Applewood smoked bacon, tomato, goat cheese, avocado, spinach, and whole grain mustard-mayo spread on Texas toast - 8.99

CHICKEN BRUSCHETTA heart

A grilled chicken breast open faced on a toasted baguette covered with fresh bruschetta and drizzled with our lemon pesto aioli - 9.99

CLASSIC CLUB

Thinly sliced ham and turkey piled high with applewood smoked bacon, cheddar and Swiss cheese, tomato, lettuce, and our whole grain mustard-mayo spread - 9.99

CUBAN CARNITA W

Tender seasoned pork carnita, sliced smoked ham, pickles, Swiss cheese, and our special mustard sauce, on a fresh Cuban loaf - 9.99

FIREHOUSE PHILLY

Shaved prime beef piled high with roasted peppers and onions along with melted pepper jack cheese tucked in a Cuban loaf - 10.99



• THE PUB BURGER • W

Melted Swiss cheese, applewood smoked bacon, sautéed mushrooms, and our NEW pub sauce - 10.99

CALIFORNIA BURGER

Crisp applewood smoked bacon and rich guacamole with Swiss, pickle, onion, lettuce, and tomato - 10.99

SOUTHWEST BLACK BEAN

Our fresh delicious black bean burger, topped with homemade guacamole, fresh-cut cucumbers and chipotle mayo. Served on a gluten-free bun with pickle, onion, lettuce, and tomato - 10.99

BOLD BURGERS*

All burgers are made with 100% All Iowa Certified Angus Beef®.

• Substitute any burger for a chicken breast or black bean burger at no charge. •

Served with straight fries or chips. Substitute onion rings, cottage cheese, cole slaw, sweet potato fries, side salad, or cup of soup for 1.99

Gluten-free bun available for 1.00

WELLMAN'S ALL AMERICAN

Served the old fashioned way with sliced American cheese, pickle, onion, lettuce, and tomato - 9.99

THE WOODBURY W

Topped with cheddar cheese, applewood smoked bacon, and crisp onion rings smothered in our Mesa BBQ sauce - 10.99

TERRACE HILL

Topped with a fried egg, shaved grilled ham, cheddar cheese, crisp onion rings, pickle, onion, lettuce, and tomato - 10.99

INGERSOLL RAREBIT

Open-faced and smothered in our Wellman's rarebit cheese sauce - 9.99

GRAND AVENUE

Pepperoni, jalapeños, and banana peppers topped with pepper jack cheese and chipotle mayo. Served with pickle, onion, lettuce, and tomato - 10.99

THE WATERBURY BLUE

Topped with Maytag blue cheese crumbles, applewood smoked bacon, crisp onion rings, pickle, onion, lettuce, and tomato - 10.99

ALL DAY PB&J BURGER

Creamy peanut butter, grape jelly, and applewood smoked bacon, topped off with an over-easy egg. - 10.99



• BBQ RANCH BURGER •

BBQ pulled pork topped with our juicy burger, melted American cheese, fresh jalapeños, applewood smoked bacon, and our homemade ranch dressing. Garnished with pickle, onion, lettuce, and tomato - 10.99

BEER BATTERED BURGER

Our juicy burger battered in our homemade beer batter and fried golden brown, topped with American cheese, applewood smoked bacon, pickle, onion, lettuce, and tomato - 10.99

PIZZA

ANY PIZZA AVAILABLE ON OUR FLATBREAD CRUST - 9.99

CHIPOTLE BBQ CHICKEN W

Roasted chicken, BBQ sauce, and caramelized onions finished with chipotle mayo, and scallions - 15.99

BUFFALO CHICKEN

Buffalo sauce, roasted chicken, and caramelized onions all topped with Maytag blue cheese dressing, and chopped cilantro - 15.99

MEAT LOVERS

Italian sausage, ham, pepperoni, and roasted red peppers with Wellman's pizza sauce - 16.99

PORTABELLA VEGETARIAN

Roasted portabellas, spinach, red onion, roasted red peppers, and sundried tomato pesto topped with goat cheese - 15.99

BUILD YOUR OWN

We start with gourmet cheese and you make it your own - 10.99

FLATBREAD PIZZA - 7.99

TOPPINGS 1.50 EACH

Pepperoni • Sausage • Bacon • Ham
 Chicken • Mushroom • Spinach • Tomato
 Onion • Banana Pepper • Jalapeño
 Roasted Red Pepper



• MARGHERITA •

Roasted garlic oil, fresh mozzarella and roma tomatoes finished with fresh basil, and dried Italian herbs - 14.99

DESSERT

• CAST IRON COOKIE •

A jumbo chocolate chip cookie baked and served in a cast iron skillet topped with vanilla ice cream and chocolate sauce - 5.99



W WELLMAN'S HOUSE FAVORITE

heart HEART SMART ITEMS

FOLLOW US ON



RED BULL AND RED BULL SUGARFREE AVAILABLE

Wellman's offers Gluten-friendly menu items, please ask your server for a list. Cross-contact with ingredients containing gluten is a possibility.

*REMINDER: Consuming raw or undercooked meats, poultry, seafood, shellfish, or egg may increase your risk of foodborne illness.